



The purpose of St. Matthew Cumberland Presbyterian Church's "Celebrate Recovery" is to get to know and celebrate God's healing power in our lives through a Christian 12-step program and the 8 Recovery Principles. We open the door by sharing our experiences, strengths and hopes with one another. In addition, we become willing to accept God's grace in solving our lives' problems. By working and applying these Biblical principles, we begin to grow spiritually become free from our addictive, compulsive, and dysfunctional behaviors. This freedom creates peace, serenity, joy, and most importantly, a stronger personal relationship with God and others. As we progress through the program we discover our personal, loving and forgiving Higher Power-Jesus Christ.

Welcome to an Amazing Spiritual Journey!

OUR PURPOSE STATEMENT

The purpose of St. Matthew Cumberland Presbyterian Church is to share the love and grace of Jesus Christ with as many people as we can:
 by ministering to spiritual, emotional and physical needs;
 by providing Christian relationships in the family of God;
 by providing the challenge for individual and collective spiritual growth.
 Amen

"God Never Wastes a Hurt"



**St. Matthew Cumberland Presbyterian Church
 380 NW Tarrant Avenue
 Burleson, TX
 (817) 295-5832
 www.stmattcpc.org**

CELEBRATE RECOVERY



**Sunday Nights
 6pm-8pm**

St. Matthew Cumberland Presbyterian Church



Freedom from Life's Hurts, Habits & Hang-ups

A Christ Centered 12-step Program



The Road to Recovery

8 R.E.C.O.V.E.R.Y. PRINCIPLES

Based on the Beatitudes

Matthew 5:3-5:12

1. Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable. (Step 1)
"Happy are those who know that they are spiritually poor."
(Matthew 5:3)
2. Earnestly believe that God exists, that I matter to Him and that He has the power to help me recover. (Step 2)
"Happy are those who mourn, for they shall be comforted."
(Matthew 5:4)
3. Consciously choose to commit all my life and will to Christ's care and control. (Step 3)
"Happy are the meek."
(Matthew 5:5)
4. Openly examine and confess my faults to myself, to God, and to someone I trust. (Step 4)
"Happy are the pure in heart."
(Matthew 5:8)
5. Voluntarily submit to any and all changes God wants to make in my life and humbly ask Him to remove my character defects. (Steps 6 & 7)
"Happy are those whose greatest desire is to do what God requires"
(Matthew 5:6)
6. Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others when possible, except when to do so would harm them or others. (Step 8 & 9)
"Happy are the merciful."
(Matthew 5:7)
"Happy are the peacemakers"
(Matthew 5:9)
7. Reserve a time with God for self-examination, Bible reading and prayer in order to know God and His will for my life and to gain the power to follow His will. (Steps 10 & 11)
8. Yield myself to God to be used to bring this Good News to others, both by my example and my words. (Step 12)
"Happy are those who are persecuted because they do what God requires."
(Matthew 5: 10)



CELEBRATE RECOVERY

Sunday Evening's AGENDA

5:30pm

Come early for fellowship & snacks!

6:00pm-7:00pm

Large Group Session

Lesson review, Personal Testimony or Special Guest Speaker
Worship Music

7:00pm-8:00pm

Men's & Women's Open Share Groups

8:00pm-8:30pm

Cross Talk Rock Café
Held in Fellowship Hall.

Join us for Coffee & Refreshments.

Are you a first time visitor?

- Wondering how to get plugged in?
- What group is best for you?

We've got a place For YOU!

Newcomers "101"

Every Sun. Night at 7-8pm

If you are new, this is for you!

Examples of Some of Our Hurts, Habits and Hang-ups:

- ▶Codependency
- ▶Chemically Addicted
- ▶Sexual Integrity
- ▶Eating Disorders
- ▶Dealing with Anger
- ▶Brokenness
- ▶Recovery from Guilt/Shame
- ▶Depression and/or Loss
- ▶Food Addiction
- ▶Love & Relationship Addiction
- ▶Behaviors & Attitudes
- ▶Financial Burdens/Recovery
- ▶Adult Children of the Chemically Addicted
- ▶Recovery from Sexual/Emotional/Physical Abuse



For more information, please contact:

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Presbyterian Church

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Burleson, Texas 76028

(817) 295-5232

Website: www.stmattcpc.org

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