

## Road to Recovery

Based on the Beatitudes

Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.

**"Happy are those who know that they are spiritually poor." (Matthew 5:3)**

Earnestly believe that God exists, that I matter to Him and that He has the power to help me recover.

**"Happy are those who mourn, for they shall be comforted." (Matthew 5:4)**

Consciously choose to commit all my life and will to Christ's care and control. **"Happy are the meek." (Matthew 5:5)**

Openly examine and confess my faults to myself, to God, and to someone I trust. **"Happy are the pure in heart." (Matthew 5:8)**

Voluntarily submit to any and all changes God wants to make in my life and humbly ask Him to remove my character defects. **"Happy are those whose greatest desire is to do what God requires" (Matthew 5:6)**

Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others when possible, except when to do so would harm them or others. **"Happy are the merciful." (Matthew 5:7)**  
**"Happy are the peacemakers" (Matthew 5:9)**

Reserve a time with God for self-examination, Bible reading and prayer in order to know God and His will for my life and to gain the power to follow His will.

Yield myself to God to be used to bring this Good News to others, both by my example and my words. **"Happy are those who are persecuted because they do what God requires." (Matthew 5:10)**

## SUNDAY NIGHTS:

5:30pm	Snacks & "Meet and Greet"
6-7pm	Large Group Worship Session Lesson or Testimony
7-8pm	Men & Women Open Share Groups



Located in Fellowship Hall

## First Time Visitor?

*Wondering how to get plugged in?  
Which group is best for you?  
What is this really like?*

Join our "Celebrate Recovery 101" Sundays at 7pm for information and to find out which group is right for you. If you would like to chat with someone please call:

Judy Madden @ 817.688.9385

Michelle Vanpool @ 817.295.5832

Or visit our website:

[www.stmattcpc.org](http://www.stmattcpc.org)

## Celebrate Recovery...

### What we are:

A safe place

A refuge

A place of belonging

A place to care for others and be cared for

Where respect is given to each member

Where confidentiality is highly regarded

A place to learn

A place to grow and become strong again

Where you can take off your mask

A place for healthy challenges and risks

A possible turning point in your life.

### What we are not:

A place for control

Therapy

A place for secrets

A place to look for a dating relationship

A place of rescue or to be rescued

A place for perfection

A long-term commitment

A place to judge others

A quick fix

